



Teen Pregnancy & Prevention *Partnership*

Parent Resources for Adolescent Sexual Health & Tips for Talking About the Birds and Bees

Online Articles		
Author	Title	Publication
Planned Parenthood	Tips for Talking	
Planned Parenthood	Tips for Talking Spanish Version	
Barbara Huberman & Sue Alford	Are You an Askable Parent?	Advocates for Youth, 2005
Power to Decide	Tips & Tools for Trusted Adults: Pre-Teen/ Early Adolescent	Power to Decide, 2018
Power to Decide	Tips & Tools for Trusted Adults: Transition Aged Youth (18+)	Power to Decide, 2018
Amie M. Ashcraft & Pamela J. Murray	Talking to Parents About Adolescent Sexuality	Pediatric Clinics of North America, 2017
Dara Mathis	3 Barriers to Communication	Power to Decide, 2019
Power to Decide	Tips & Tools for Champions: Transition Aged Youth (13-17)	Power to Decide, 2018

Books for Parents & Adults

Author	Title	Publication
Smith Gitchel & Lori Foster	Let's Talk About S-E-X: A Guide for Kids 9 to 12 and Their Parents	Book Peddlers
Laura Berman	Talking to Your Kids About Sex: Turning "The Talk" Into A Conversation for Life	
Debra W. Haffner	From Diapers to Dating: A Parents Guide to Raising Sexually Healthy Children from Infancy to Middle School	William Morrow Paperbacks, 2008
Jayneen Sanders	Body Safety Education: A Parents Guide to Protecting Kids from Sexual Abuse	Educate2Empower Publishing, 2014
Cindy Pierce	Sexploitation: Helping Kids Develop Healthy Sexuality In A Porn-Driven World	Routledge, 2015
Miriam Stoppard	Questions Children Ask and How to Answer Them	
Martha Gelin	The Sex Explanation Handbook: Talking with Kids About Sex	
Robie H. Harris	Let's Talk About Where Babies Come From	
Educate and Empower Kids	30 Days of Sex Talks for Ages 3-7: Empowering Your Child With Knowledge of Sexual Intimacy (Additional Books for Ages 8-11 & 12+)	Educate and Empower Kids, 2015
Bonnie J. Rough	Beyond Birds and Bees: Bringing Home a New Messade to Our Kids About Sex, Love, and Equality	Seal Press, 2018

Books for Kids & Teens

Robbie H. Harris & Michael Emberley	It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health	Candlewick, 2014
Robie H. Harris & Michael Emberley	It's So Amazing!: A Book About Eggs, Sperm, Birth, Babies, and Families	Candlewick, 2014
Kristen A. Jenson	Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds	Glen Cove Press LLC, 2017
Cory Silverberg & Fiona Smyth	Sex is a Funny Word: A Book About Bodies, Feelings, and You	Triangle Square, 2015
Peter Mayle & Arthur Robins	Where Did I Come From?: The Facts of Life Without Any Nonsense and With Illustrations	
Gail Saltz	Amazing You!: Getting Smart About Your Private Parts	Puffin Books, 2008
Gabi Garcia	Listening to My Body: A Guide to Helping Kids Understand the Sensations (What the Heck Are Those?) and Feelings So That They Can Get Better At Figuring Out What They Need	Skinned Knee Publishing, 2017
Eleanor Morrison	C is for Consent	Phonics with Finn, 2018
Jazz Jennings	Being Jazz: My Life as a Transgender Teen	Ember, 2017
Gia Lynne	On Blossoming: Frank, Practical Advice On Our Bodies, Sexual Health, Sexuality, Pleasure, Orgasm, and More	Skyhorse, 2019
Lisa M. Schab	The Self-Esteem Workbook for Teens: Activities to Help You Build Confidence and Achieve Your Goals	Instant Help. 2013

Websites

Name	Description	Website
Planned Parenthood for Parents	Parent support resources to help guide open, non-judgemental conversation about sex, puberty, bodies and relationships with children and youth.	plannedparenthood.org/learn/parents
A Mighty Girl	Books, toys, movies and music for parents, teachers, and others dedicated to raising smart, confident, and courageous girls and, of course, for girls themselves.	amightygirl.com
Sex Positive Families	Safe, shame-free spaces for comprehensive and pleasure-positive sexual health education for all ages.	sexpositivefamilies.com
Scarleteen	An independent, grassroots sexuality and relationships education and support organization and website, providing sex and relationships information and support for young people worldwide.	scarleteen.com
AMAZE	Digital media resources to provide children and adolescents around the globe with medically accurate, age-appropriate, affirming, and honest sex education. Educational resources to assist adults, parents, guardians, educators, and health care providers around the globe to communicate effectively, and honestly about sex and sexuality with children and adolescents in their lives.	amaze.org

Websites

Teaching Sexual Health	Offers up-to-date evidence-based information and strategies for parents of children from birth up to 18 years of age.	teachingsexualhealth.ca/parents/
There's No Place Like Home...For Sex Education	A partnership project that consist of reproductive parent newsletters that contain sexuality information relevant to particular developmental stages, useful strategies, communication hints and suggested resources to support parents in the role of primary educators for their children.	advocatesforyouth.org/wp-content/uploads/storage//advfy/documents/noplacelikehome.pdf
Answer	Provides invaluable sexuality education resources for millions of young people and adults everywhere.	answer.rutgers.edu/page/parentresources
Kids Health from Nemours	Provides families with tools and confidence to make the best health choices.	kidshealth.org/en/parents/?WT.ac=p2p
Power to Decide	Provides trusted, high-quality, accurate information-backed by research-on sexual health and contraceptive methods for young people to make informed decisions.	powertodecide.org
Stay Teen	Encourages teens to enjoy there teen years and avoid the responsabilites that come with too-early pregnancy and parenting by providing the facts without adding any personal thoughts or feelings.	stayteen.org